TERYL RESOURCES CORP.

#240 – 11780 Hammersmith Way
Richmond, BC V7A 5E9
Phone: 604-278-5996 Fax: 604-278-3409
Toll Free: 800-665-4616
www.terylresources.com

N E W S R E L E A S E

Teryl Resources Corp.
(the "Company")

TSX Venture Exchange: TRC.V
OTCBB: TRYLF

TERYL ANNOUNCES FISH CREEK DRILLING REPORT COMPLETED

For Immediate Release: January 22, 2014. Vancouver, BC – Teryl Resources Corp. (TSX Venture Exchange: TRC.V, OTCBB: TRYLF) (the "*Company*" or "*Teryl*") is pleased to provide an update on the 2013 gold exploration drilling program on the Fish Creek project, Fairbanks District, Alaska, USA.

The Fish Creek Claim Block consists of 35 State of Alaska Mining Claims located adjacent to the operating Fort Knox Gold Mine claim block and the Gil hardrock gold deposit claim block.

The purpose of the exploration drilling program conducted the 2013 season on the Fish Creek Claim Block was twofold; (1) to verify and identify a placer gold deposit in the deepest reaches of the Fish Creek Valley and (2) to verify and identify hardrock intrusive hosted gold deposits from information performed by previous explorationists who worked on the property. The program managed by Pete Rutledge Project Manager and overseen by Paul D. Gray, P.Geo. , the Company's Qualified Person and was supported by two contract drilling entities that were logistically supported by Metallogeny Inc., of Fox, Alaska. The drilling contractors were CNC Drilling led by Forrest Cooper using a track mounted Prospector 1 drill rig, and an independent contractor using a Boyle Brothers System Model 1 (BBS1) drill rig mounted on a flatbed transported by a low pressure tracked vehicle called a Bombardier J-5. Both drilling contractors were under time constraints to operate due to weather and ground conditions because the activity had to be completed before winter break-up as a condition of the access permit issued by the Alaska Department of Natural Resources. Drilling results under strict chain of custody procedures reveal minor visible placer gold in the placer drilling and the hard rock drilling indicated the presence of disseminated anomalous silver and base metal values in a stockwork quartz veining system in silicified rocks at continuous intervals over several holes. Further drilling is warranted to define the empirical data obtained that indicates conditions of precious metal lode deposits. The gold placer potential is recommended to be evaluated by conventional bulk sampling techniques standard to the industry.

The placer drilling completed three holes two of which were completed to bedrock. The first hole identified as UFL-L1-H1 encountered decomposed Fairbanks Schist bedrock at the bottom of the hole at 57 feet. The second hole UFL-L1- H2 bottomed out at 62 feet and material recovered consisted of decomposed Fairbanks Schist and possibly decomposed granodiorite (intrusive rock) that was bleached out. The samples collected consisted of organic peat, fine sands, mud, loess, sub angular to sub rounded rock fragments, decomposed schist and minor decomposed intrusive rock that may have been stream transported cobbles or silicified schist. The third hole UFL-L1-H3 was abandoned at a shallow depth due to winter break-up conditions. The material recovered consisted of organic peat moss, loess and muds. The organics, loess and mud were not sampled for assay but the entire holes were screened and concentrated and hand panned by the project manager. The assay results from Acme Labs revealed no precious or base metals except two small minor flakes of gold in the first hole were visibly identified by the project manager and were undetected in the assay certificate by Acme Labs. Heavy minerals in the pan concentrates were garnet and very minor amounts of magnetite.

The hard rock drilling completed four holes named UFL-2, UFC Forrest H-2, UFC Forrest H-3 and UFC Forrest H-4 all drilled by Forrest Cooper of CNC Drilling under independent contract (Forrest). The first hole UFL-2 twins (located immediately adjacent) to a reverse circulation hole drilled by a previous contractor in 2004 labeled on-site as UFL-1-H-3. Observations of the aluminum tag placed at the hole indicated that intrusive rocks were encountered at 57 feet but the 2013 diamond core drilling by Forrest did not reveal anything but non-silicified Fairbanks Schist at 96.5 feet to 109 feet (29.1 metres to 33.22 metres).

The second hole drilled by Forrest was targeted on a geophysical anomaly suggesting shallow intrusive rocks and was named UFC Forrest H-2. Silicified granodiorite (?) with disseminated sulfides in stockwork quartz veining was encountered at 68.5 feet (20.88 metres) and continued to the bottom of the hole at 100 feet (30.48 metres). No significant precious or base metal anomalies were identified in the assay reports (samples 1920116 to 1920126).

The third hole drilled was stepped out approximately 100 feet (30.48 metres) southeast of UFC Forrest H-2 and was named UFC Forrest H-3. Black gouge appearing rock containing visible sponging copper sulfides were observed at 50 feet to 56 feet (15.24 metres to 17.07 metres) with elevated silver at 50 to 51.5 feet (15.24 metres to 15.70 metres) assaying at 0.6 opt Silver (21 g/t Ag) (sample # 1920128). At the 56 foot to 63.5 foot (15.70 to 19.35 metre) interval decomposed Fairbanks Schist (?) with quartz stockwork veining with an elevated silver sample assaying out as 0.16 opt (5.75 ppm) was identified (Sample # 1920131). Minor Calc-Silicate in decomposed Fairbanks Schist was encountered at the 77.5 foot to 88 foot (23.47 to 26.82 metre) interval.

The fourth and final hole drilled for this project was stepped out approximately another 100 feet (30.48 metres) southeast of UFC Forrest H-3 and was named UFC Forrest H-4. Recovered core samples encountered suspect bleached granodiorite with insignificant mineralization (samples 1920137-1920138). The hole was terminated at 61 feet (18.59 metres) due to winter break-up requiring mobilizing out of equipment and personnel due to thawing ground conditions. See table 1 below for a complete log of the drill hole results

Recommendations for future work suggest expand scout drilling on geophysical anomalies for lode potential and conventional placer gold exploration involving either sonic drilling or trenching and bulk sampling.

John Robertson, President of Teryl Resources Corp. states, "Additional drilling on known geophysical anomalies for lode potential is recommended on the Fish Creek property."

Table (1) Drill Logs and Assay Results For Fish Creek Alaska Drilling Project for Teryl Resources

Sample no.	From (in Feet)	to	Drill Core Descriptions	Pathfinder elements	ppb	ppm	opt	gpt
Diamond Drill Core Hole Name: UFL-2								
1920101	43.5	48	Decomposed Fairbanks Schist, hereafter “DFS.”	Au Ag As Pb Zn Cu	17.1 564	 .56 5.2 8.08 63.8 22.6		
1920102	48	55	As Above, hereafter “AA.”	Au Ag As Pb Zn Cu	40.2 496	 .50 6.9 8.72 52.1 23.4		
1920103	55	60	AA	Au Ag As Pb Zn Cu	3.9 206	 3.9 7.35 79.6 18.0		
1920104	60	65	AA	Au Ag As Pb Zn Cu	<0.2 42	 0.5 14.3 85.4 35.6		
1920105	66	76.5.	AA	Au Ag As Pb Zn Cu	2.7 75	 0.6 8.94 102 37		
1920106	76.5	87	AA	Au Ag As Pb Zn Cu	2.8 141	 0.7 11.6 95.1 51.6		
1920107	87	96.5	AA	Au Ag As Pb Zn	2.4 73	 2.7 10 92.1		

				Cu		36.5		
1920108	96.5	101	Silicified FS	Au Ag As Pb Zn Cu	1.1 43	 1.8 10.5 88.9 33		
1920109	101	109	DFS, minor silicification	Au Ag As Pb Zn Cu	6 152	 5.9 13.4 74.8 27		
1920110	109	118	DFS some FeOx grus Bottom of hole	Au Ag As Pb Zn Cu	8.8 162	 4 9.6 34 14.9		
Diamond Drill Core Hole Name: UFC Forrest H2								
1920111	21	30.5	Mixed FS & gravel (?)	Au Ag As Pb Zn Cu	1.7 27	 2.6 7.62 27.5 11.0		
1920112	0	0	Brown's Hill Quarry BLANK Basalt	Au Ag As Pb Zn Cu	0	0		
1920113	30.5	42	Random hand selections of DFS	Au Ag As Pb Zn Cu	<0.2 10	 1.7 4.61 30 14.9		
1920114	42	58	AA	Au Ag As Pb Zn Cu	1.5 69	 3.8 14 56.3 28.1		
1920115	58	66	Crumpled/crushed fine grained, bleached different from above, perhaps intrusive (?)	Au Ag As Pb Zn Cu	1.5 69	 3.8 14.4 56.3 28.1		
1920116	66	68.5	AA, more fine grained bleached intrusive (?).	Au Ag As Pb Zn Cu	0.9 1220	 1.22 10.2 24.8 77.9 20.7		
1920117	68.5	69	Silicified granodiorite (?) stockwork quartz veining with visible sulfides.	Au Ag As Pb Zn Cu	0.6 65	 12 2.49 50.7 27.9		

1920118	69	72	AA	Au Ag As Pb Zn Cu	<0.2 76	 18 13.7 66.2 3.7		
1920119	72	74	AA	Au Ag As Pb Zn Cu	<0.2 113	 4.3 15.9 68.5 31.6		
1920120	74	76	AA	Au Ag As Pb Zn Cu	<0.2 141	 0.6 24.7 97.7 50.7		
1920121	76	84	AA	Au Ag As Pb Zn Cu	<0.2 69	 3.6 14.8 90.7 23.9		
1920122	84	86	AA	Au Ag As Pb Zn Cu	<0.2 264	 0.6 9.1 92 23.9		
1920123	86	92	AA	Au Ag As Pb Zn Cu	<0.2 386	 0.1 9.46 49.9 45.9		
1920124	92	96	AA with altered stockwork quartz veining	Au Ag As Pb Zn Cu	<0.2 240	 1.1 10.8 69.3 31.2		
1920125	96	98	AA	Au Ag As Pb Zn Cu	<0.2 35	 0.2 11.3 63.2 18.1		
1920126	98	100	AA Bottom of hole	Au Ag As Pb Zn Cu	0.5 31	 0.5 5.3 54.4 27.3		
Diamond Drill Core Hole Name: UFC Forrest H3								
1920127	46	50	DFS	Au Ag As Pb Zn Cu	0.5 31	 0.5 5.32 54.4 27.3		
1920128	50	51.5	Black gouge with visible spongy copper sulfides: see photo of hand specimen	Au Ag As	0.4 21018	 21 10.2	0.6	

				Pb Zn Cu		14.1 68.7 110		
1920129	51.5	54	AA	Au Ag As Pb Zn Cu	<0.2 127	 7.5 18.6 74.4 39.6		
1920130	54	56	AA	Au Ag As Pb Zn Cu	<0.2 174	 1 12 61.3 20.3		
1920131	56	63.5	DFS (?) with stockwork quartz veining	Au Ag As Pb Zn Cu	0.5 5750	 5.75 4.9 14.3 64 38.5	0.16	
1920132	63.5	67	AA	Au Ag As Pb Zn Cu	0.8 168	 0.7 16.5 54 19.5		
1920133	67	77.5	AA	Au Ag As Pb Zn Cu	0.6 74	 0.3 12.8 60.8 26.2		
1920134	77.5	88	Some minor calc-silicate mostly DFS	Au Ag As Pb Zn Cu	<0.2 174	 1.8 12 59 22.7		
1920135	88	94.5	DFS	Au Ag As Pb Zn Cu	0.5 5750			
1920136	94.5	100	DFS to bottom of hole	Au Ag As Pb Zn Cu	0.8 168	 0.5 15.8 45 14.6		
Diamond Drill Core Hole Name: UFC Forrest H4								
1920137	43	51.5	mixed up poorly sorted sub angular DFS	Au Ag As Pb Zn Cu	0.9 36	 0.5 6.2 25.3 13		
1920138	51.5	61	fine grained suspect intrusive bleached granodiorite. Bottom of hole due winter break-up	Au Ag As Pb Zn	0.3 46	 2.1 3.16 69.2		

				Cu		72.3		

All technical information related to drill and surface samples for the project has been reviewed and approved by Paul D. Gray, P.Geo, who is a Qualified Person under the definitions established by Canadian National Instrument 43-101. Drill core is boxed and stored at a secure location.

All collected samples were split by the project geologist at the Company's Fairbanks processing facility, with half core sent to Acme Analytical Laboratories preparation facility in Fairbanks, Alaska where samples were sorted and crushed to appropriate particle size (pulp) and representatively split to a smaller size for shipment to Acme's Vancouver analysis facility for final assay via ACME Group 1F01-37element ICP-MS analysis with an aqua regia digestion.

Teryl Resources' quality assurance/quality control (QA/QC) procedures include the regular use of blanks, standards, and duplicate samples.

ABOUT TERYL RESOURCES

Teryl Resources Corp. symbol TRC.V TSX Venture – has several gold prospects in Alaska near the Kinross Fort Knox Mine, a 10% net profit interest in the Stepovich claims. A 100% interest in the Westridge property and a 50% option on the Fish Creek property, adjacent to the Gil property. Teryl sold its 20% interest in the Gil property in Fairbanks, Alaska to Fairbanks Gold Mining Corp. to date $2.5 million dollars has been received and an additional $1.5 million payment upon production; $15 million (less advanced payments) from the 1% NSR of the property, thereafter Teryl retains a ½ of 1% royalty for the life of the mine. Teryl owns a 30% working interest and a 10% NPI interest in the Silverknife property, a silver/lead/zinc prospect located in Northern B.C. adjacent to Silvercorp's silver/lead/zinc discovery. Teryl has a small revenue interest in three producing oil and gas wells in Texas with Anadarko Petroleum as the operator. See www.terylresources.com website for more detailed information.

ON BEHALF OF THE BOARD OF DIRECTORS

"John Robertson"

John Robertson President

Press Release contact information:

John Robertson President, Teryl Resources Corp.
T: 800-665-4616
http://www.terylresources.com

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